

Safety notes for field excursions

As part of the conference we are running two days of field excursions to classic sites within the Cottian Alps Geopark. The excursions will be briefed during the conference.

These locations are in the high mountains, generally over 2000m elevation. Below is an outline of typical hazards, location information, lists of recommended clothing etc., followed by risk assessments for the locations. All locations are well-known to the field excursion leaders. Please follow their instructions concerning access and "out-of-bounds" areas.

All participants are responsible for their personal safety and that of others. Please inform the field excursion leaders if you are uncomfortable with any components. Please inform us if you have concerns about your health – preferably before departure.

All participants are responsible for arranging their own insurance cover for health, rescue, loss or damage to equipment and third party liability.

Terrain

Cliffs – stay away from edge, avoid lingering underneath. Use hardhat. Steep slopes – take care with footing, avoid.

Snow – stay off snow/icy slopes

Rough ground – take car with footing, beware causing (or receiving) rock fall, especially from other participants.

Hammering outcrops – strictly forbidden.

Grassy slopes – be very careful – especially when wet.

Road sections – be especially careful – don't loiter in the carriageway, single file walking on left (facing on-coming traffic) if you must venture onto the road itself.

Please wear hiking boots with good soles and ankle protection.

Climate

UV exposure – wear sun-protection (high factor screen, eye-protection, sun hats, baggy shirt).

Rain/cold – have/use fleeces, hats, full rain gear (with hood)

Dehydration risk – carry and consume water. Allow at least 2.5l per day.

Temperatures can range from low 30s C to around freezing (with additional wind-chill)!

Transport

We'll be using a professionally-driven, locally-sourced coach for one day (to La Grave, Col du Galibier). The other day involves no vehicle transport but uses chair lifts from Montgenevre village, coupled with a day's walking.

Equipment

Hiking boots (with good soles and ankle protection)

Full waterproofs – with hood.

Sun hat

Warm hat and gloves

Sun glasses

Space fleece.

Clothing to cover legs and arms (to avoid sun and keep warm)

Day rucksack (for carrying food, water, extra clothing etc) – hands must be kept free for stability/recovering on steep or loose ground.

Outline of field days

Hazard assessments are provided.

Field day 1 (La Grave, Col du Lautaret and Col du Galibier)

Very little walking – with accessible outcrops but in high mountain country that is rough, with big cliffs. UV exposure, extremes of temperature are to be expected. Road sections and walking from parking to outcrop require vigilance, especially for bicycles. We will take a cable-car to 3200m, into high mountain country with its related hazards (cliffs, rough ground, glaciers, snow-slopes, rock-fall) that require special vigilance and avoidance. We will also drive to c 2600m and walk around trails and road-sections. Bicycles are special hazards on the mountain roads. We will end the day with a visit to the La Maison de la Géologie et du Géoparc near Briancon. (http://www.maisondelageologie.fr/).

Field day 2 (Le Chenaillet)

This is a full day out, walking in Alpine countryside. We will follow a much-travelled "geological trail" over the mountain peak of Le Chenaillet (2650m). Part access will be via chairlift. The day involves around 500m ascent (800m descent too) and about 10 km horizontal walking. Trails are well-marked but have loose rocks and traverse steep ground. Good footwear is essential. You will need to carry around 2.5 I of water plus food for the day.

SITE NAME		Col de Ruillins		Trip Date(s)
TRIP		YORSGET 2018 conferen		03-Jul-18
			ice	
Assessor(s):		Rob Butler		ELEVATION
Date of Assessment:	1st June 2018	LAT LONG OR GPS COORDINATES	45°04.35'N 06°15.94'E	3200m asl
overview	outcrops and views near top cable car station	It may be col;d		
516.1.61				
ITEM	Potential Hazards	Comments	Hazard Mitigation Measures	Person Responsible
	Permissions (name & #)	none		
	Lock Combination	none		
l	Road Conditions	none		
i	Type Vehicle	chair lifts coach from Montgenevre	follow instructions of operators	all
VEHICLE ACCESS	Weather Limits	not in high wind or electric storm		all
VEHICLE ACCESS	Railroads	none		
	Traffic	in oprofessional coach		
	Parking	car park		
	Gradient	main roads.		
	Other	n/a		
	Hike to Outcrop	rough ground/paths	take care with footing	ALL
	Approach	rough ground/paths	take care with footing	ALL
		variable - 10sm		
	Height of Outcrop		stay back from cliffs	ALL
OUTCROP	Lithology	very loose in places	stay away from cliffs	
	Stability	can be unstable	stay away from cliffs	ALL
	Wildlife	nothing serious		ALL
	Vegetation	virtually none		ALL
	Other	snow-ice	keep off!	
	Lagoons/Ponds	n/a		
	Rivers	n/a		
WATER HAZARDS	Wave Height at Cliffs	n/a		
WATER HAZARDS	Tides	n/a		
	Arroyos/flash floods	n/a		
	Other	potential snow patches	stay off	ALL
	Exposure to Sun & Heat	UV exposure	wear sun hat/sun screen	ALL
	Flood Potential	none	avoid river beds after thaw/heavy rain	ALL
WEATHER	Snow/Ice restrictions	residual from winter	stay off it!	ALL
WEATHER	Wind exposure	May be blowy	avoid exposed sites/evacuate	ALL
		cold/ risk hypothermia; dehydration	stay warm/dry with correct clothing/evacuate/carry and	ALL
	Other		drink water	ALL
		COVERAGE		
COMMUNICATIONS	Mobile Phones	YES Spotty NONE Comments: can be fa		
	Satellite Phone	YES Spotty NONE Comments: not carrie	ed	
REQUIRED PPE				
Safe Work Practices and Out of	all	participants to remain with group Give each other	plenty of space on paths or adjacent to steep ground.	
Bounds areas				
Emergency Response Organization(s) to call in an emergency	all er	mergency services - call 112		
	Phone	Hours		
Nearest Emergency Medical Facility	Tel: +33 4 92 25 25 25	24 hours	Centre Hospitalier de Briançon 24 Avenue Adrien Daurelle 05100 Briançon	
No Go Conditions		Very heavy rain.	/electric storms	
Driving Directions	n/a	vory neavy fam.	Sisterio Storrid	
Additional Comments or Contacts				
Plan 'B' Locality	remain in La Grave v	illage - road sections and ouycrops available		
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Recommended:

VORDET 2015 conference EUSATION Seporal Programment 1st June 2018 LAT LONG OR GPS COORDINATES 45°02.08°N 06°24.25°E 2000m asi View from near roadside It may be col.d 45°02.08°N 06°24.25°E 2000m asi View from near roadside It may be col.d 45°02.08°N 06°24.25°E 2000m asi View TIEM Potential Hazards Comments Hazard Mitigation Measures Person Respo Permissions (name & 8) none	SITE NAME		Col du Lautaret		Trip Date(s)
Sesor(s):	TRIP			CQ	03-Jul-18
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Permissions (name & #) Lock Combination Road Conditions Type Vehicle Coach from Montgenevre Finding Fi	OVEIVIEW				
Cock Combination none	ITEM	Potential Hazards	Comments	Hazard Mitigation Measures	Person Responsible
VEHICLE ACCESS Read Conditions none					
VEHICLE ACCESS Type Vehicle Coach from Montgenevre follow instructions of operators all					
Weather Limits			none		
Railroads none				tollow instructions of operators	
Traffic	VEHICLE ACCESS				all
Parking Car park					
Gradient					
Other			car park		-
Hiks to Outcrop					1
Approach				halos and with facilities	A11
Height of Outcrop			grassy fields		
DUTCROP					
Stability n/a stay away from cliffs ALL					
Wildlife	OUTCROP			Stay away from cliffs	
Vegetation grass		Stability			
Communications Coverage Comments: and before shown Comments: not carried Comments Comments: not carried Comments Com				waten out	
WATER HAZARDS Lagoons/Ponds n/a					ALL
WATER HAZARDS Rivers				watch out.	
WATER HAZARDS Wave Height at Cliffs n/a		Lagoons/Ponds			
Tides n/a Arroyos/flash floods n/a Arroyos/flash floods n/a Arroyos/flash floods n/a Other County County WEATHER Exposure to Sun & Heat Uve xposure Wear sun hat/sun screen ALL Flood Potential none Mall Snow/lice restrictions n/a ALL Wind exposure May be blowy no ciffs etc ALL Wind exposure May be blowy no ciffs etc ALL Other Cold/ risk hypothermia; dehydration Stay warm/dry with correct clothing/evacuate/carry and drink water - but only 300m from vehicles COMMUNICATIONS Mobile Phones YES Spotty NONE Comments: can be fair Satellite Phone YES Spotty NONE Comments: not carried REQUIRED PPE Work Practices and Out of rids areas Tegency Response nization(s) to call in an genery Set Emergency Medical Tel: +33 4 92 25 25 25 24 hours Very heavy rain/electric storms Tel: +33 4 92 25 25 25 24 hours Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Tel: +33 4 92 25 25 25 Very heavy rain/electric storms Te					
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Other ALL					
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Flood Potential none ALL Snow//ce restrictions A/a ALL Snow//ce restrictions A/a ALL Wind exposure May be blowy no ciffs etc Other Cold/ risk hypothermia; dehydration stay warm/dry with correct clothing/evacuate/carry and ALL AL			IIIV exposure	wear sun hat/sun screen	
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Wind exposure May be blowy no ciffs etc old / risk hypothermia; dehydration stay warm/dry with correct clothing/evacuate/carry and dink water - but only 300m from yehicles COMMUNICATIONS Mobile Phones YES Spotty NONE Comments: can be fair Satellite Phone YES Spotty NONE Comments: not carried REQUIRED PPE Work Practices and Out of indicate and all emergency services - call 112 gency Phone Hours Phone Hours Centre Hospitalier de Briançon 24 Avenue Adrien Daurelle 05100 Briançon 10 Conditions Na Very heavy rain/electric storms					
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COMMUNICATIONS COVERAGE		The sapedard		stay warm/dry with correct clothing/evacuate/carry and	
COMMUNICATIONS Mobile Phones YES Spotty NONE Comments: can be fair		Other	• •	drink water - but only 300m from vehicles	ALL
Satellite Phone YES Spotty NONE Comments: not carried Work Practices and Out of data areas regency Response nization(s) to call in an gency set Emergency Medical ity Tel: +33 4 92 25 25 25 Phone Hours Centre Hospitalier de Briançon 24 Avenue Adrien Daurelle 05100 Briançon Very heavy rain/electric storms n/a					
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Tel: +33 4 92 25 25 25 24 hours Centre Hospitalier de Briançon 24 Avenue Adrien Daurelle 05100 Briançon Very heavy rain/electric storms n/a		Phone	Hours		
ng Directions n/a	Nearest Emergency Medical Facility			24 Avenue Adrien Daurelle	
ng Directions n/a	No Go Conditions		Verv heavy rain.	/electric storms	
	Driving Directions	n/a	Tory neavy rain.		
	Additional Comments or Contacts				
		remain in La	Grave village -0r tourism in Briancon		
remain in La Grave village -0r tourism in Briancon	Plan 'B' Locality	remain in La	Grave village -0r tourism in Briancon		

Recommended:

SITE NAME	1	Col du Galibier		Trip Date(s)
TRIP		YORSGET 2018 conferen	ice	03-Jul-18
Assessor(s):		Rob Butler		ELEVATION
Date of Assessment:	1st June 2018	LAT LONG OR GPS COORDINATES	45°03.43'N 06°24.24'E	2650m asl
overview	views from near roadside, road sections and outcrops at viewpoint	BEWARE RIOAD USERS - ESPECIALLY CYCLISTS		
ITEM	Potential Hazards	Comments	Hazard Mitigation Measures	Person Responsible
	Permissions (name & #)	none		
	Lock Combination	none		
	Road Conditions	none		
	Type Vehicle	coach from Montgenevre	follow instructions of operators	all
VEHICLE ACCESS	Weather Limits	not in electric storm		all
VEINGEL AGGEGG	Railroads	none		
	Traffic	in professional coach		
	Parking	car park		
I	Gradient	main roads but steep in places		
	Other	n/a		
	Hike to Outcrop	roadside and short trail	take care with footing - single file. Watch traffic	ALL
	Approach	as above	as above	ALL
	Height of Outcrop	metres - to hundreds metres	stay away from edges	ALL
	Lithology	limestone, sand/shale/slate/gypsum	stay away from cliffs	ALL
OUTCROP	Stability	can be friable	avoid these outcrops	ALL
	Wildlife	maybe very rare snakes	watch out (v unlikely)	ALL
			waterrout (v urilikely)	ALL
	Vegetation	grass	The section of the se	ALL
	Other	ROAD USERS	watch out - ESPECIALLY CYCLISTS	
	Lagoons/Ponds	n/a		
	Rivers	n/a		
WATER HAZARDS	Wave Height at Cliffs	n/a		
	Tides	n/a		
	Arroyos/flash floods	n/a		
	Other			ALL
	Exposure to Sun & Heat	UV exposure	wear sun hat/sun screen	ALL
	Flood Potential	none		ALL
WEATHER	Snow/Ice restrictions	n/a		ALL
WLAIRER	Wind exposure	May be blowy		ALL
	•	cold/ risk hypothermia; dehydration	stay warm/dry with correct clothing/evacuate/carry and	ALL
	Other		drink water - but only 500m from vehicles	ALL
		COVERAGE		
COMMUNICATIONS	Mobile Phones	YES Spotty NONE Comments: can be fa		
	Satellite Phone	YES Spotty NONE Comments: not carrie	ed	
REQUIRED PPE			<u> </u>	
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Safe Work Practices and Out of				
Bounds areas				
Emergency Response Organization(s) to call in an emergency		mergency services - call 112		
	Phone	Hours		
Nearest Emergency Medical Facility	Tel: +33 4 92 25 25 25	24 hours	Centre Hospitalier de Briançon 24 Avenue Adrien Daurelle 05100 Briançon	
No Go Conditions		Very heavy rain.	/electric storms	
Co conditions		very fleavy fair.		
Driving Directions	n/a			
Additional Comments or Contacts				
Plan 'B' Locality	remain in La	Grave village -0r tourism in Briancon		
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Recommended:				

ground 2400m marks trail, overview ITEM Pot Permissi Lock Coi Road Co Type Vel Weather Railroad Traffic Parking Gradient Other Hilke to C Approach Height of Uther Weather Railroad Control C	day walking in Id generally over In, chiefly on well- In, accessed by In accessed	Le CHENAILLET YORSGET 2018 confe Rob Butler LAT LONG OR GPS COORDINATES All participants to have appropriate fiel equipment, including carrying at leat 2. litres of water. Comments none none none none none none none no	44° 54.137'N 06° 44.444'E	Trip Date(s) 05-Jul-18 ELEVATION 1850-2650m asl Person Responsible all all ALL ALL ALL ALL ALL ALL ALL ALL ALL
Assessor(s): Date of Assessment: Ist June full of ground 2400m market trail, overview ITEM Permissi Lock College	day walking in Id generally over In, chiefly on well- Ived "geological" I, cacessed by I, chairliffs. Intential Hazards Isions (name & #)	Rob Butler LAT LONG OR GPS COORDINATES All participants to have appropriate fiel equipment, including carrying at leat 2. litres of water. Comments Comments none none none none none none none no	44° 54.137'N 06° 44.444'E Hazard Mitigation Measures follow instructions of operators take care with footing take care with footing stay back from cliffs watch for loose stores etc watch footing, avoid poking about with hands	Person Responsible all all ALL ALL ALL ALL ALL ALL ALL ALL ALL
Date of Assessment: St June	day walking in Id generally over In, chiefly on well- Ived "geological" I, cacessed by I, chairliffs. Intential Hazards Isions (name & #)	All participants to have appropriate fiel equipment, including carrying at leat 2. litres of water. Comments Comments none none none chair lifts n/a none none none for driving n/a rough ground/paths rough ground/paths rough ground/paths very rare snakes slippery grass etc n/a n/a	take care with footing take care with footing stay back from cliffs watch for loose rocks/avoid others watch for loose stones etc watch footing, avoid poking about with hands	Person Responsible all A
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Exposure Flood Pc WEATHER Snow/loc Wind exp	s/flash floods	n/a n/a n/a n/a potential snow patches	stay off	ALL
	ce restrictions	UV exposure none residual from winter May be blowy cold/ risk hypothermia; dehydration	wear sun hat/sun screen avoid river beds after thaw/heavy rain stay off it! avoid exposed sites/evacuate stay warm/dry with correct clothing/evacuate/carry and drink water	ALL ALL ALL ALL ALL
COMMUNICATIONS Mobile P Satellite		COVERAGE YES Spotty NONE Comments: can be YES Spotty NONE Comments: not	e fair	
REQUIRED PPE				
Safe Work Practices and Out of Bounds areas	articipants to remain	with group. Remain on trails or as advised by trip	leaders. Give eachj other plenty of space on paths or adjace	ent to steep ground.
Emergency Response Organization(s) to call in an emergency	all e	mergency services - call 112		
Phone Nearest Emergency Medical	3 4 92 25 25 25	Hours 24 hours	Centre Hospitalier de Briançon 24 Avenue Adrien Daurelle 05100 Briançon	
No Go Conditions		Very heavy i	ain/electric storms	
Driving Directions Additional Comments or Contacts			•	
Plan 'B' Locality		remain in village		

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Recommended: